



Craig B. Williams, DVM
Sara M. Hodgdon, DVM
62 Harvey Mill Road
Lee NH 03861
Phone: 603-659-7799
Fax: 603-659-8856

Home Management for Vomiting

If your pet has been vomiting:

- Withhold all food and water for 12–24 hours.
- If no vomiting occurs after this time period, allow access to small amounts of water every 1–2 hours.
- If your pet keeps water down, then begin feeding small amounts of a bland diet. (We recommend Purina EN for dogs and cats, or an equal mixture of boiled ground meat and cooked rice.) Feed every 2–4 hours for 24 hours.
- If no vomiting occurs when your pet begins eating, gradually increase the amount fed per meal and decrease the frequency of feeding over 3–4 days so that the total intake approaches a normal quantity of food for your pet.
- If after 3–4 days of no vomiting, mix your pet's regular diet with the bland diet for the next 2–3 days then wean off the bland mixture to your pet's regular diet.

If vomiting re-occurs at any point, call the office to schedule an appointment.